

KEHA – 2017-2018

BLUEGRASS AREA ANNUAL REPORT



By: Carol Dziubakowski
Bluegrass Area President

BLUEGRASS AREA ANNUAL MEETING

SUMMARY:

The Bluegrass area includes nine counties:

- Bourbon
- Clark
- Estill
- Fayette
- Harrison
- Madison
- Nicholas
- Powell
- Scott

The Bluegrass Area Homemakers have had a great, productive, and rewarding year. Our Homemaker membership, now at 2,568 has increased by 44 over the last year and all of our counties continue to put forth great effort to promote Homemakers.

Our members have been busy making a difference in the community by volunteering for:

- Recipe for Life and nutrition programs,
- holiday foods programs,
- International Month,
- Ovarian Cancer programs,
- backpack programs for students,
- senior citizen's center,
- Veteran programs,
- Quilts of Valor,
- Military Missions,
- diapers and wipes to a local diaper bank,
- providing luggage and tags for foster children,
- homeless programs and shelters,
- recovery pillows for breast cancer, and
- money for Ronald McDonald House
- 4-H camp scholarships,
- coins for change,
- Homemaker scholarship funds,
- health fairs,
- 4-H programs,
- county fairs and state fairs,
- Community Day programs,
- assisting at nursing homes and assisted living,
- sewing programs,
- making quilts and blankets for hospitals,
- blood drives,
- making bears and critters for area hospitals,
- new member auction and
- many more organizations for each club's individual choice.

We will make an extra effort to help Sue McKinney, Estill County President, as they do not have an FCS agent at this time.

We participated in our area annual meeting in Bourbon county in 2017. Area training for leaders was held in Fayette County with Sally Mineer, Extension Specialist for Professional Development presenting "Explore the Maker in You" for our 2018-2019 year.

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Respectfully submitted,
Carol Dziubakowski, President, Bluegrass Area Homemakers

Bourbon County:

- Recipe for Life – for EVERY 5th grader in city and county school system. Three sessions with a total of 289 fifth graders and 42 volunteers. All students learned through hands on preparation of recipes the importance of kitchen safety, sanitation, nutrition, cooking preparation terminology and using math principles to alter recipe quantities.
- International Month – County of focus was Ireland. Speakers were Bourbon County residents that moved here from Ireland 3 years ago. Served all traditional Irish foods. 41 attended this event and left knowing more about Irish cuisine, Irish social life and Ireland geography. Great fun and Irish hospitality.
- A Peter Rabbit Skit was presented to every kindergarten class in Paris Elementary, Bourbon Central Elementary, Cane Ridge Elementary, North Middletown Elementary and St. Mary Elementary during Nutrition Month (March). A total of 316 kindergarten students learned about importance of fresh vegetables and got to sample various raw vegetables (just like Peter Rabbit).
- Bluegrass Area Annual Meeting – served as host to 178 Bluegrass Area Extension Homemakers for Area Annual Meeting.
- County Area Meeting – 89 Bourbon County Extension Homemakers attended the County Annual and raised \$1500 for Scholarship Fund with the annual Helping Hands Auction.
- Ovarian Cancer Tea- 2nd annual Ovarian Cancer Tea, raised over \$800 and had 31 people attended.
- County Fair - Homemakers exhibited projects in county fair. There were over 400 exhibits from 54 homemakers. The finished projects were beautiful!
- Holiday Foods – 68 Homemakers attended demonstration of 7 different recipes and had the opportunity to taste test a total of 18 recipes. 9 new members were recruited during this event.

Karen Denniston,
President, Bourbon County Homemakers

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Clark County:

The Clark County Extension Homemakers serve and support their community.

- Many of the 12 clubs provide financial and volunteer support for the backpack program that provides food bags to the Clark County Preschool and George Rogers Clark High School Family Resource/Youth Service Center. The FRYSC coordinators give these food bags to students who are struggling with food insecurity and the Homemakers provide monetary donations and volunteer to pack the bags with the food items each week for the schools.
- The Clark County Homemakers also assist with Kids Bucks Day at the Winchester/Clark County Farmers Market. Children are able to stop at the market and receive free shopping vouchers and tomato plants to bring about awareness of local food access. Taste testing was also available to encourage children to eat fresh fruits and vegetables.
- The Homemakers also volunteer and support the Ladies Veterans Home, Clark County Homeless Coalition, and the Beacon of Hope Shelter here in Clark County.

Respectfully submitted,

Carol Price,
President, Clark County Homemakers

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ESTILL COUNTY:

Our county is struggling to survive and continue our Homemaker program.

We are again without a FCS Agent.

I am working with our 4-H Agent to try to regroup and go forward with our Homemaker Program.

I had resigned as our County President at the end of June 2018 after serving for ten plus years. I thought maybe someone would step up and fill this position. When this didn't happen, I agreed to step up and fill that position for one more year.

I do not want to see our Program end in our County. The members, we have, are older ladies and they too have volunteered many hours over the years to keep our Homemakers Program here in Estill County.

I wanted you to know that, at this time, we are busy trying to bring our county back as Estill County Extension Homemakers.

Thanks,

Sue J McKinney,
President, Estill County Homemakers

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Fayette County:

- Membership of 485.
- Collected \$2,623 to benefit our Ovarian Cancer Screening project. (\$672 club donations + \$1,951 Tea and Fashion Show).
- Volunteered 33,306 community leadership volunteer service hours in Homemaker clubs, neighborhoods, schools, churches and civic clubs.
- Presented a program on Ireland for 2018 International celebration.
- Sewed 125 *Reach for Recovery Pillows* for breast cancer recovery patients.
- Collected 87.75 lbs. of pop tabs. The monetary value per pound of aluminum is donated to the Ronald McDonald House.
- Donated \$565 for 4-H Youth Camp Scholarships.
- Contributed \$151.51 to Coins for Change.
- Supported Military Missions through volunteer service, donations and \$200 for postage.
- Presented 8 Quilts of Valor to military veterans.
- Donated \$40, 1,100 diapers and 1,000 wipes to a local diaper bank.
- Collected 116 pieces of luggage and provided hand sewn luggage tags for Foster Children.
- Collected \$1,268.50 for Homemaker Scholarship Fund.

Respectively Submitted,

Alyce Emerson,
President, Fayette County Homemakers

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Harrison County:

- Membership Dec. 2017: 264; 162 active and 102 mailbox members.
- Advisory Council meets in August and January of each year.
- Marketing activities: Coffee Break radio show 3-4 per year, newspaper ads in special issues, fliers for special activities/events, FCS monthly newsletter, Health Fair booth, local festival booth, Community Day.
- HCEH Annual Meeting, May 21, 2018: approximately 100 attendees.
- Harrison County Extension Homemakers Association has 1 State Officer, 2 Area Officers and 1 Area Education Chairman:
 - Harlene Welch, KEHA Treasurer
 - Bluegrass Area: Harlene Welch, Secretary; Linda Fryman, Treasurer, Jane Butcher, Family & Individual Development.
- In April 2017, HCEH held tea parties for residents of 3 Nursing Homes in the county for senior citizens.
- Harrison County Homemakers sponsors an annual Community Day. Event held May 11, 2018, 9:00 am to 2:30 pm on the Cynthiana Courthouse lawn. Homemakers have a bake sale and plant sale; one of the Association's fund-raising activities. There is a Make-It & Take-It Craft offered and the Vice-Presidents have door prizes and membership information. Several area vendors have booths featuring all manner of craft and sundry items. Local police and firemen are present with trucks, cruisers and information. One of our Blood Drives occurs in conjunction with this event, 10-20 donors.
- In August 2017, HCEH stocked and operated a booth at the Taste of Harrison County festival. Homemakers made over 250 tarts, baked hand pies, cookies, brownies and candy. This is one of the fund-raising activities for the Association.
- In October 2017, HCEH held their annual Decorating for the Holidays program with 75 participants. The program was presented by Hal Williams of Hal's Flowers and the Harrison County Horticulture Agent, Jessica Sayre. Several door prizes were given away and each person made a Christmas Spider to take home with them.
- In November 2017, HCEH held their annual Holiday Foods program featuring Brunch Recipes with approximately 100 participants. Each person received a booklet containing recipes of the foods they sampled and the table decorations, supplied by individual clubs, were presented as door prizes. Recipes were for Wassail, Pomegranate Punch, Chilled Fruit Cup, Dipped Apricots, Spinach Appetizer, Bishop's Bread, Apple & Banana Breads, Citrus Streusel Bread, Crockpot Overnight Breakfast Casserole, Brunch Egg Casserole, Sausage Biscuits & Gravy Casserole, Blackberry French Toast, and Overnight Coffee Cake Crumble.
- Cultural Arts:
 - 21 members toured 6 covered bridges in the area; Switzer, Colville, Johnson Creek, Hillsboro, Goddard, Ringo Mills
 - 24 members participated in an applique lesson
 - 7 members sell crafts to supplement their income

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- Environment, Housing & Energy:
 - 25 members implemented water saving practices; 3 rain barrels, 2 landscaping practices
 - 41 members grew fruits and vegetables
 - 44 members preserved: fruit, 196 quarts & 170 pints; vegetables 1,031 quarts & 453 pints
 - 15 members participated in National Preparedness Month activities
- 4-H and Youth Development:
 - 21 members volunteer teaching sewing, knitting and quilting
 - \$410 donated for 4-H Camp scholarships
 - Recipe for Life program each November; all 5th graders in the elementary schools in the county participate in preparing different foods and sampling their product. Training is provided in food safety, kitchen safety, reading, mathematics in measuring and multiplying recipe requirements for the number to be served, etc. Program developed and organized in conjunction with the school system to meet student education requirements. Reach approximately 200-250 persons.
 - Other youth development provided by teaching Sunday School, Vacation Bible School, and mentoring youth.
 - 1 member volunteered as a judge for 4-H Clothing in another county.
 - Total of 980 youth reached through these activities.
- Family & Individual Development:
 - 68 members participated in 2 generation events
 - 30 members volunteered at a booth at a fair or festival
 - 345 participated in healthy eating lesson
 - 41 members documented family history events that impacted their life
- Food, Nutrition & Health:
 - Hosted 4 Blood Drives
 - 42 members supported the local food bank
 - 1,327 children served through the Backpack for Hunger program
 - 40 members had physical checkups
 - 33 members had mammograms
 - 8 members had Ovarian Cancer screenings
 - 17 members had Diabetes screenings
 - 21 members exercise regularly
 - 33 members improved nutrition and buy at the local farmer's market.
- International:
 - 500 pillowcase and T-shirt dresses and sanitary pads were made by members for donation

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- Ghana was the country chosen for study and program subject for the International Dinner, 46 participated.

- Community
 - 32 trees planted
 - 656 senior citizen meals prepared by members weekly
 - 55 members participate in preparing food packages for the Backpack for Hunger program
 - \$150 donated by HCEH to the KY Academy Library
 - \$26 donated to the water filter program
 - \$282.34 Coins for Change collected
 - 15 members participate in a roadside cleanup project

- Leadership:
 - Volunteer hours reported;
 - 74 members reported 7,830.5 hours in Extension activities, 721 persons reached
 - 46 members reported 10,030.25 hours in Community activities, 1,738 persons reached
 - A total of 87 area, county and club level officers and education chairmen trained.

- Management & Safety:
 - HCEH in conjunction with KY Bank sponsored a program on Identity Theft for 87 participants. Presenters were Harrison County Sherriff and a retired Federal Marshal.
 - 23 drivers participated in the AARP Safe Driving Class hosted by HCEH
 - 200 received the Safe Travel Abroad lesson, "On the Road"
 - 38 implemented strategies to maximize their retirement dollars
 - 86 learned methods to manage holiday expenses
 - 47 learned how to maximize profits and savings at yard sales and consignment shops
 - 34 implemented strategies to downsize their home
 - 39 utilized methods to evaluate health insurance needs/options

Submitted by:

Linda M. Fryman,
President, Harrison County Homemakers

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MADISON COUNTY:

"Taste the Flavors of Homemakers" has been an excellent theme thus far for Madison County Extension Homemakers because the heart of the theme has been demonstrated by so many services provided due to a strong interest and commitment.

- Approximately 1000 bears and critters were made and distributed to area hospitals and Foster Care, hand crafted prostheses were donated to breast cancer survivors, pj's we're made for Hope Wings and Liberty Place, dresses and pads were made for Ghana.
- Proceeds from a quilt raffle were donated to the veterans Memorial Park, hospice Care Plus, God's Outreach food Pantry, and Ovarian Cancer.
- We hosted the International dinner at ECU and the International tasting Party at the Extension Office.
- We collected school supplies for Madison County School children, Pop tabs for Ronald McDonald House, coins for change for KEHA International Exchange Program, and for the VA Medical Center in Lexington, KY.
- We remain a community sponsor for the Farm City Banquet.
- The Annual Officer and Chair Training was well represented.
- Proceeds from our area Tea was \$1,485.82.
- We received first place as most recruits in the Area., and Second place in the state.
- Classes/Workshops Offered: Hot Women and Health Series; leader lessons and classes have been offered in finance, healthy eating physical activity, foreign travel, cultural arts, plus many, many more.
- The Specialty Clubs provide help to anyone interested in learning new skills. Madison County received certificates of recognition for contributions in providing the most sewing kits for Ghana's clothing and textile outreach project, providing the most money for the Kentucky Academy Library and financial contributions for planting the most trees.

Thank you!

Connie Howe

President, Madison County Homemakers

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Nicholas County:

- It has been a busy year for us. Our membership is 71.
- Our membership has been actively involved with the board, county fair, and fund-raising events.
- Our membership has collected several ribbons at the county fair.
- Our KnitWit classes have been a lot of fun and provided learning for all of us.
- Our Bake Sales have proved popular and the proceeds used for the 4-H events.
- The 4-H sewing classes have been a big success.
- Our Ovarian cancer screening had several members participating.
- We participated in the Couch Potato Walk.
- We had a field trip to view the covered bridges in Nicholas and the surrounding counties.
- Eight members attended the State meeting.

Glenna Napier,
President, Nicholas County Homemakers

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Scott County:

- Embroidery classes (both hand and machine) classes were held to emphasize the cultural arts theme.
- The International Luncheon featured Honduras with 63 members attending.
- During the month of March, the Elkhorn Creek Quilt Guild sponsored their annual quilt show at the local museum.
- The annual meeting featured a "Telling Your Story" with retiring Scott County Judge Executive George Lusby being the guest speaker. Over 70 Homemakers attended.
- A \$1,000 scholarship was awarded to a Scott County Senior.
- 318 entries were exhibited at the Scott County Fair.
- We continue to support the international efforts in Ghana by donating T-shirt dresses. We have been conducting sewing service days to make t-shirt dresses.
- Individual clubs and members continue to support our community. Projects include but are not limited to school backpacks, Gathering Place Mission, Reading Camp, My Blanket Buddies, crochet prayer squares for local hospital, Quilts of Valor local group, etc.
- Homemakers reported over 24,025 volunteer hours, but as we know, many more are not reported.
- Elkhorn Creek QOV conducted two Quilts of Valor ceremonies, one in November 2017 (8 veterans honored) and one in June 2018 (13 veterans honored).

Earlene H. Arnett,
President, Scott County Homemakers