

# Area President Annual Reports

Presented at KEHA Fall 2023 Board Meeting

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## Purchase Area Annual Report

Greetings from the Purchase Area. Our area is made up of eight (8) counties – Ballard, Calloway, Carlisle, Fulton, Graves Hickman, Marshall, and McCracken.

1. Fundraisers for Annual Charitable giving and community outreach.
2. Total of 116 lap quilts were made for Mercy Health Hospice.
3. Provided scholarships to high school seniors.
4. Donated to local food banks and blessings boxes.
5. Sent cards to Veterans out of country and to nursing homes throughout the year.
6. Working with 4-H on sewing classes and teaching the art of sewing.
7. Contributed shirts for county 4-H competitions.
8. Supported 4-H camp.
9. Was in charge of displaying and Quilt Squares silent auction at the KEHA State meeting.
10. Back packs and mats made out of plastic bags donated.
11. Fed tornado victims and workers.
12. Contributed decorative flags at courthouse to be displayed on holiday occasions.
13. County fairs with exhibits and recognized with ribbons.
14. Established day and night crafts.
15. Donated to Angels Trees at Christmas.
16. Caps and scarves collected and donated.
17. Donated coats that were collected.
18. 100% contributing to Ovarian Cancer.
19. Assisted in blood drives.
20. Assisted with Back to School Bash.
21. A two-day seminar on Scrapbooking.
22. For Cultural Arts Program, there was a "Swedish Weaving" workshop.
23. Discussed management and safety program of work, presented safety escape routes and location of the tornado shelter.
24. "How to Avoid Scams" meeting. Lori Farris from the Governor's office gave a program highlighting scams and how to avoid them.
25. Hosted a Taste of Africa International Event with Nigerian native Ngomom Gar sampled cuisine, learned about life in Nigeria, donated registration funds to international charity.
26. Hosted Annual Arbor Day Celebration. Planted a white oak tree and assisted with distribution of 100 white oak seedlings.
27. First Aid Kits were purchased to distribute to those who had been affected by the December 10 tornados. Those are being distributed through the "Welcome Home" project.
28. We received the KEHA grant to establish the "Welcome Home" project. On December 10, 2021, a tornado ravaged Western Kentucky, including our hometown of Mayfield. GCEH are partnering with Bread of Life and Homes & Hope for Kentucky to provide a meal for those who would move into the homes the two groups are providing. Club members are cooking a Chicken & Dressing casserole, along with a pan of brownies, to take to the residents. So far, we have had two cooking sessions for the casseroles and the brownies. We freeze them so they are ready when a family moves into their new home. We have taken meals to nine families out of the 30 expected homes we will serve. We also distribute First Aids kits the GCEH homemakers purchased. Several

counties donated quilts to the Graves County Extension to distribute to families in need. We have also taken quilts with us to the families if they need one. We hope the families have benefited from this program, but one unexpected outcome has been the camaraderie that has been established between the three GCEH clubs. The cooking sessions have been filled with great smells, laughter, and much conversation. We are just glad that we can "Welcome Home" our community members into their new ways of life.

Respectfully submitted,

Sandra Lusk

Purchase Area President

## Pennyrile Area Report 2022-2023

Caldwell County-Individual clubs in Caldwell County donated to the Ovarian Cancer fund, the Hope and Cope family resource centers, Project Graduation, Feeding God's Children backpack program, and worked with 4-H youth. In January 2023, the Caldwell County Homemakers hosted the Souper Bowl of Caring and collected over 300 non-perishable food items for a local food pantry.

Crittenden County – July 2022- Had a reception for retiring agent, Janeen. Started Big Blue Book Club, and held county fair meetings. In August, worked the County Fair, started a cooking club, and prepared for the year and attended garden club meetings with Dee. In September, started the new year and had bread and candy sales at festival for women. October had proclamation with Judge and attended extra offered classes, and participated in Twilight Walk. November continued Quilt Club, Hooks and Needles, and Cooking Clubs as required meetings. In December, Christmas Trees were decorated as an annual project, Christmas in Marion, and club Christmas parties. In January, PACS program was worked with. In February, all projects continued and preparation for the Area Annual meeting started. A reception for the new agent was given and International meeting on Ireland was attended. Passport Crew attended lots of points of interest in Kentucky. Several homemakers attended the State KEHA meeting. We worked on ways to increase membership at all meetings.

Hopkins County- Hopkins County homemakers sponsored several different events including bringing back a college scholarship for a Hopkins County resident. The group sponsored an award at the Hopkins County Fair. Homemakers purchased two stone benches displayed on the Mahr Park walking track.

Lyon County- This year we added two new projects to our schedule. "Quilts for Courage" will be an ongoing endeavor. Our sewing group leads this program with the help of many homemakers. We've presented four and will present 15 at our annual meeting on August 31. These quilts were presented to Veterans that are full time residents of Lyon County. Our next new program is helping in various ways with the Sheriff's Boys & Girls Ranch located in Lyon County. The campers were taught how to properly care for and treat horses. Donations were accepted for watermelons as a meal treat. Another fun activity for the campers provided by the homemakers, was a program "Entertaining Little Ones". Campers responded to this program well and had a fun time.

Muhlenberg County- Muhlenberg County has 5 clubs that meet regularly. Muhlenberg raised money for various organizations throughout the year. These included Penguin Plunge program to raise funds for back packs, National Child Safety Council, Coins for Change, Beans Supper, Western State Hospital, Outwood, and \$4200 was donated to the Ovarian Cancer Fund. A scholarship of \$500 was given to a high school student. Gloves, hats and scarfs were donated to elementary students and clothing items for preschoolers. Worked with 4-H students collecting items for Birthday boxes for children in the backpack program. Homemakers had 2 identity theft classes. 5 members went to the state meeting in May. Some groups have helped seniors do taxes, deliver food to the homeless and helped various churches with food drives. Homemakers have various group for a number of different activities including a library/book club, 2 just for fun clubs, encouraging new members. We have developed a "Join Homemakers" brochure that has all the clubs listed with their meeting times. We are proud that we have a new FCS Agent, Alex Kelly.

Todd County- Todd County Homemakers hosted a Homemaker Fall Food and Fashion Show. The show featured fall fashions and decorations from local businesses as well as food demonstrations given by Todd County Homemaker members. 4-H'ers worked as servers for the event. The show raised awareness of the local businesses and the different types of clothing and decorations they offer. It was also a good marketing tool for homemakers. Also, \$501 was raised for our scholarship fund during the event. Homemakers also raised \$889.00 for the scholarship fund at our annual meeting in December and donated a \$1000.00 scholarship to an Austin Peay student attending culinary school. Also, at the annual meeting in December, officers were elected and members enjoyed hand-on demonstration on the art of bow-tying. Todd County extension moved into their new office at 240 Pond River Road, Elkton in May. Homemakers held an Ice Cream Social to "shower" the new office with items for the kitchen. In addition, the council generously donated 4 serving carts for the new kitchen and many members made individual donations to the Extension Legacy fund.

## **GREEN RIVER AREA PRESIDENT REPORT 2022 – 2023**

This past year all of our counties have been extremely busy with many different activities to promote our Homemaker Clubs. Out of the GRAH, 6 of those counties have a FCS Agent. We have one county, Webster County, that doesn't have any homemaker clubs but Natalie Green, the FCS Agent, is working to remedy that.

Over the past year the GRAH had a total of 38,670 volunteer hours with a monetary value of \$960,177. As the president I am extremely proud of this accomplishment and encourage all of the homemakers to continue to keep up with their hours.

McLean County, our smallest county, for the first time won a 1<sup>st</sup> place award at the state meeting in May for donating the largest amount of money to Ovarian Cancer Research. The homemakers were busy helping a local resident when she lost her home to fire, working with the AG Fair board to get ready for the annual fair, they teamed up with the local Quilt Guild to have a Quilt show, and worked hard to get ready for the Annual GRAH meeting to be held in September.

Hancock County was awarded a grant at the State meeting in May to promote one of their wonderful ideas. Just to mention a few: taught sewing classes, made fidget mats, made peasant dresses for a Haitian Missionary, made and donated quilts to veterans and to a orphanage in Nicholasville, KY.

Union County who have three clubs in the county with 33 members, may be small but they are strong in their community and state. They donate to the Ovarian Cancer Fund, the World's Greatest Baby Shower, Coins for Change and Camp Courageous. Three of their Happy Day Club members are Master Farm Homemakers.

Daviess County has donated to many community and state organizations. Some of these are, Change for Life Change, Mary Kendall Home, Goodfellows Club, Camp Courageous, Whitesville Historical Center, Maceo community Garden, and many others. They have taught baking classes, cake decorating, made quilts and aprons.

Ohio County participated during their AG Days, donated 55 fidget blankets to resthomes, donated 12 dozen cookies for the Christmas Walk, donated 20 gift baskets to home bound seniors, and donated 40 towels to Camp Courageous.

Henderson County had members to attend the 2022 NVON Conference in Evansville, IN. They participated in the following events: World Food Day, Coins for Change, snacks for 4-H camp, Taste of Homemakers, and putting together backpacks for Henderson County schools. Henderson County is, "Letting their Light Shine Bright" in the county and state.

With new clubs formed to raising funds, each and every county has been busy promoting KEHA.

I have been extremely blessed and excited to be the Green River Area President for the 2022 – 2023 year and look forward to the next two years and seeing what our area can accomplish.

Respectfully Submitted,

Mechele Arnold

Green River Area President

Louisville Area Extension Homemakers  
Presidents Report for June 30, 2022- July 1, 2023

The seven counties: Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer & Trimble, are city & rural homemakers. So nice to have a full deck of agents to help us along the way.

Ladies are taking advantage of opportunities to help with 4 H activities in their counties. Master Clothing & Master Gardeners are teaching back their expertise. Which helps with community outreach. Habitat for Humanity, Project Graduation and many fairs. Some Homemakers hosted a community effort for creating peasant dresses for Operation International in accordance with Doctors without Borders. Many collected for food pantries, hosting baby showers for Family Resource Center, cleaning supplies for families, donating items for local animal shelters, Backpack buddies & school supply drive for the less fortunate. Book Sales to benefit 4H Camp Scholarships. Quilts were donated to Courageous Kids too. Shoes collection for Water Step is ongoing effort to help with Water around the World.

Shelby County has a yearly Homemaker Fashion Show & a Soup Sharing raising money for KY Ovarian Cancer Screening Program.

There was a Tri County (Shelby, Henry & Trimble) plant Exchange that was well received.

Oldham County does several events to fund raise for College Scholarships. Their Yard Sale is popular.

Henry, Spencer, Shelby, Bullitt, Oldham and Trimble have thriving stitching & quilt groups.

That are always willing to show and share their talents & ideas.

Jefferson County welcomed agent Carolina Robles in March. Several homemakers have achieved 50 year membership. Quite commendable with lifelong learning.

Bullitt County ladies grew & nurtured the plants for table decor at Louisville Area Annual Day.

Spencer County was recognized at the State meeting for increasing membership by 25.

Trimble County hosted a Christmas in the American Colonies last year that was very enjoyable.

In the Spring there was a Louisville Area International program with a speaker from Iran.

Once again learning opportunities bring us together.

Homemakers, area wide are having great success with specialty clubs.

Lunch & Learn, Story walks for children.

Book club, Bingo, Bunco, Living Well, Walking Groups, Plate it Up!/Cooking Connections and Lunch Bunch.

Meeting monthly and a way to share common interests, thus bringing new ladies into the Homemaker fold.

Several fantastic Homemaker week activities happened as our current year began.

Including craft classes, Open Houses, outings to Art galleries, a train ride with a trip along Big South Fork Railway that got cancelled and even a carnival.

In closing, I want to say.

Volunteering gives you a reward, pleasure & satisfaction to your mental well being.

Helping others – Helps You!

Kathy Irby  
Louisville Area President



Lincoln Trail President's report.

All 8 counties have been busy getting our numbers up and trying to get our clubs back up to pre-pandemic numbers. At our area meetings we are sharing ideas that worked and some that didn't. This group work has led to a closer union within our area.

We have started new programs where members and non-members are both invited. This has led to the addition of a number of new members. They see what homemakers are about and join. We have had classes in crafts like cloth Christmas trees, felt work, along with preservation of food including freezing, canning and drying to name a few.

A number of counties have offered classes on aging open to the community. These classes included speakers on medicines, safety, exercising, keeping mind sharp, nutrition, wills and estate planning, How to protect yourself from scams, elder abuse and other topics to help seniors lead a healthy lifestyle and stay safe. Between the classes there were booths dealing with insurance, agencies that can help with concerns of seniors, long term care planning information. The programs were well attended and the feed back was very positive.

Other counties held Disaster Awareness programs for the community. Information on how to be prepared, what you need to have on hand in case of a disaster, where to go in a disaster..... Some of the vendors gave ideas on foods to have and how much depending on the size of your family while others discussed mental health during the disaster.

Lincoln Trail Area continues to volunteer with many different organization. We have worked with teaching sewing and cooking to middle school students, aided in food distribution to those in need of assistance, collected personal hygiene supplies, socks, scarves and gloves for children and adults. Some have collected money for worldwide groups like Heifer International as part of the International Chairman program. Others have planted trees and flower gardens for the bee, cleaned areas in their communities and visit and/or send cards to the sick or shut-ins that can no longer attend the meetings letting them know they are not forgotten, making and delivering welcome packets to new residents, adopting food boxes to name a few.

We had a number of members that attended the Homemaker Leadership Academy and reported they enjoyed and felt that the program was important and enlightening.

We don't work all the time we also enjoy getting together to party. Including paint parties, lunch and tour of Bernheim Forest, a trip to the Ky state meeting and to the NVON Convention to meet with other homemakers. The area even offered a trip for members to go to the Owensboro Quilt Museum that was enjoyed by all that attended.

*Sara Pressgrove*  
*President*  
*Lincoln Trail Area*

# Mammoth Cave Area Annual Report

July 2022-June 2023

Respectfully Submitted by Marie Pitts, MCA President

The Mammoth Cave Area consist of the following ten counties: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson and Warren. We began the 2023 year with membership of 688 KEHA members.

Besides continuing to host their monthly club meeting, attend county and area meetings. The following are a few of the projects they were a part of:

They held workshops to the public for painting classes, herb gardening, food art, container gardening, essential oils, food preservation both freezing and canning, leather crafting, recycle day.

They held community projects for quilt shows, cooking with the calendar, community homemaker tea, Christmas bazaars, bake sale for Alzheimer's, decorated and donated ginger bread houses to nursing home, worked the 4-H Reality Store, Little Lending Library Boxes, hosted Chamber of Commerce Partners, Bean Soup Dinners, mulched and planted perennials for local nursing home, sponsored Back to School Bash and Clothing Drive with over 1000 individuals attending, benefit for auto accident victim, helped with county fairs, adopted Christmas Angels, Held a Dinner Theater, Homemaker Annual Baby Show,

Sold Cook Books and Pecans, One county helped hold a 3 Day County Bash free to the community.

They raised funds and products to help support Ovarian Cancer Research, Scholarships awards, Camp for Courageous Kids, Boys and Girls Clubs, Signature Health Care and Caterpillar Lane Day Care, Habitat for Humanity, Soup Kitchen, The Kitchen, Bridge Kentucky, BRAWA which is an animal shelter, Next Step, Bike for Alzheimer's, Hospice, Salvation Army, Hope House, Affordable Christmas, Blankets for homeless, Eastern KY flood victims received money for food and shelter also collected hygiene products, one county's Relay for Life team raised over \$15000 for American Cancer Research.

Some Counties celebrated International Night with speakers and serving authentic food from Bosnia, Mexico, Honduras, and Guatemala.

Again, the Mammoth Cave Area Homemaker Club Members were very busy this past year giving hundreds of volunteer hours reaching out to their communities. The above are only a few of the projects and activities reported by County Presidents at the Mammoth Cave Area Council meetings. I am so blessed to be a part of this wonderful group of caring people who donated thousands of hours to make all these worthwhile projects happen.

Marie Pitts

Mammoth Cave Area President

# Northern KY Area Homemakers

## President Report

I want to welcome everyone to our Annual Meeting Hosted by the Gallatin County Homemakers. They have chosen Flannel Frolic for our special event. One of our county president's wrote "Homemakers are dedicated individuals who work as volunteers on various projects and activities to improve the quality of life for families and our communities through education, leadership development and charitable activities in co-operation with the UK Cooperative Extension Service". I would like to share with you some of what our Homemakers have accomplished this past year.

### Raised funds for:

- Helped Eastern Kentuckians with funds, supplies and books for their libraries.
- Barbie dolls were donated to New Hope Community in Jackson, Ky.
- Quilts were made and distributed to Hospitals, nursing homes, vets, Courageous Kids Camp.
- Cards were made for nursing homes, rehab facilities, Vets and Senior Centers.
- Funds were raised for Ovarian Cancer Research
- Helping 4-H, scholarships for camp, fair projects, volunteering for camp
- Prepared and Served Food for Various Agencies
- Cleaning Headstones, Flags for the Vets
- All clubs have had events to raise funds for scholarships.

### Classes taught by Volunteers:

- Cricket, Glass Etching, Wood burning, drawing & water color, vinyl letter on T shirts
- Healthy Women Programs, Personal Violence, Depression, Mental Health, Living with Grief
- Diamond Art, Candle Making, Weaving a Basket, Sustaining Raised Garden Beds
- Cooking, Making Chocolate Candy, the Importance of Breakfast, Recipes for Life, Monthly Learn & Lunch
- Basic Embroidery, variety of Quilting Classes
- Scrapbooking, card making, Book Clubs
- Food Preservation, Winter Preparedness, Tornado and Flood Preparation
- Scams and Fraud Tricks

These activities and many more were reported. Indeed the heartfelt dedication of our Homemakers is improving the life of our families and communities.

Honored and Humbly Submitted by:

Maryloretto Resing, President

## **Fort Harrod Area**

(Anderson, Boyle, Franklin, Garrard, Jessamine, Lincoln, Mercer, Woodford)

President's Report November, 2023

Wendy Hood

### **IN ONE OR MORE OF OUR COUNTIES WE:**

- \* Made over 30 gift baskets filled with freshly-made treats for a local bank. They give them to their board members and some customers. This raises \$1,000.
- \* Held a Holiday Store
- \* Did a Reverse Advent Calendar, donating 700 pounds of food to the local food bank
- \* Started a new 4-H Communication Club and 4-H Bee Club as well as two Homemaker sewing clubs and a Homemaker walking club.
- \* Served as counselors at 4-H Camp
- \* Held Homemaker's Day Out trips to a variety of locations.
- \* Got the name of a family from the School Resource Center and provided Christmas gifts for the whole family.
- \* Held a Spice It Up workshop
- \* Held drive-through membership renewal events. Each Homemaker who renews receives a gift.
- \* Collected empty prescription bottles and donated them to Doctors Without Borders. We collect about 900 bottles per quarter.
- \* Held a variety of recruitment events including ice cream socials and picnics.
- \* Decorated store windows during Homemaker Week

Fort Harrod Area  
President's Report  
November, 2023

\* Held fundraisers for good causes: auctions, silent auctions, bazaars, ovarian cancer teas, booth of handmade items at Extension Holiday One-Stop shop, and passed the envelope at club meetings.

\* Provided Christmas stockings and Christmas gifts

\* Held International Nights – Switzerland and Ukraine

### **AS AN AREA WE:**

\* Held an all-day Officer and Chair Training.

\* Took several one- and two-day trips, including Biltmore at Christmas (open to the whole state).

\* Hosted our annual Heritage Craft Camp, a two-day crafting event open to anyone (pre-registration required. To get a catalog next year, contact me).

\* Sent three Homemakers to Leadership Academy

\* Have a monthly MOP (Meeting Of Presidents). County Presidents get together in person or by Zoom to talk about what's happening and what's coming up.

### **WE SUPPORTED:**

Project Graduation

Courageous Kids camps

4-H camp

Homeless Coalition

Meals on Wheels

Assistance to tornado victims

Police "Shop with a Cop"

Angel Tree

Local food pantry

Coins for Change

Water Project

Women's Shelter

Ghana Library

Homemaker Scholarship

Senior Citizens

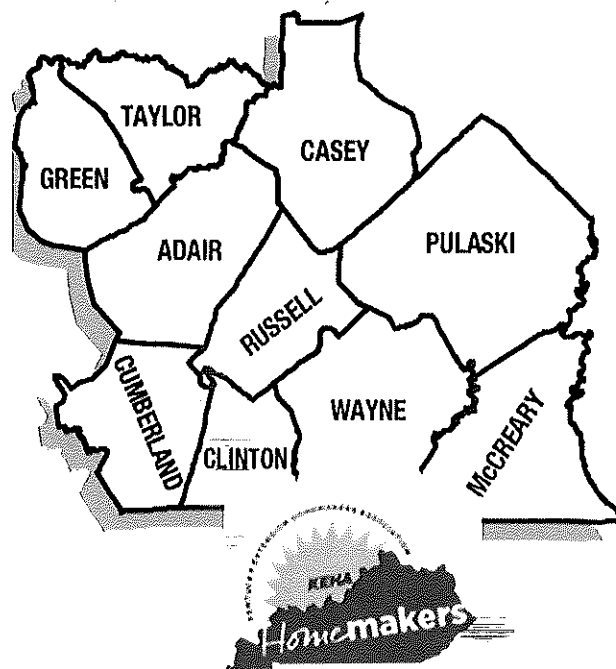
Samaritan's Purse

Shoes for Souls

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# LAKE CUMBERLAND AREA EXTENSION HOMEMAKERS

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2022-2023  
ACTIVITY REPORT

The Lake Cumberland Area Extension Homemakers Association is comprised of ten counties:

Adair	Cumberland	Russell
Casey	Green	Taylor
Clinton	McCreary	Wayne
	Pulaski	

The Lake Cumberland Area kicked off the 2022-2023 Homemakers year with an area-wide training event, "We've Got You Covered Under the Big Top" with representation from nine of our ten counties.

At the 2023 Area Annual Meeting, displays of the previously awarded mini grants were shared. Four new \$175 mini-grants were awarded for the next year. Mary Lynn Chaudoin was installed as the President-elect.

The Lake Cumberland Area's assignment for the 2023 KEHA State Meeting was to provide decorations for the opening banquet. Under the creative guidance of Area Secretary, Cindy Williams, each county was asked to provide for a designated number of tables that matched the theme. The uniqueness of each county was reflected in their respective decorations with appreciation from the counties for being afforded the opportunity to add their individuality to the project.

Following are activities provided by each county highlighting specific accomplishments and activities during the 2022-2023 Homemakers year.

Cyndy Humble, President  
Lake Cumberland Area Homemakers

Debbie Messenger, FCS Agent/Advisor  
Cumberland County Extension Service

#### ADAIR COUNTY

- Cultural Arts
  - Trip to Barn lot Theater in Edmonton
  - Trip to Greensburg History Museum and Longhunters Restaurant
  - Cultural Arts Competition - 14 1st place entries at state, 1 grand champion
  - Floral Hall Competition
  - Four quilt classes
  - County trip to Bread of Life Cafe and Lavern's Country market Environment, Housing and Energy
  - Hosted two wreath making classes
- Family and Individual Development
  - Saving Savvy with Coupon Apps
  - Yard Sale Class
  - Rural Price Project Finale
  - Bingocize Falls Prevention and Covid-19
- Food, Nutrition and Health
  - Salsa Canning Workshop
  - Apple Pie Filling Workshop
  - Healthy Outdoor Cooking



- Frogs legs, burgoo, and lamb chops
- Canning Workshop Series
- Fundraising
  - Schemer pecan fundraiser
  - Holiday Bazaar
- Leadership Development
  - Gave one \$500 scholarships in memory of Sue Stivers
  - Donated snacks to project graduation
  - Center for Courageous Kids Quilt Drive
  - Two members attended state convention
  - Seven members attended area annual meeting
  - KEHA Week Proclamation signing with Judge Executive
- International
  - Brazil Culture and Cuisine
- Membership Engagement
  - 50 Years of Membership Celebration - Shirley Relliford (Bliss Club)

Sharon Harris, President  
Adair County Homemakers

Dylan Gentry, FCS Agent  
Adair County Extension Service

### CLINTON COUNTY

- Rebound is the word for Clinton County Extension Homemakers during 2022-2023.
- We gained new members while both activities and participation grew.
- Our members lead a number of new classes such as wreath making, embroidery and crochet, wooden porch signs, painting classes, and glass art. Each class was well attended and membership grew as a result of consistent activity.
- We reestablished a small Homemakers Council to help facilitate our renewed growth and momentum. Rather than focus on clubs, we established a pattern of monthly meetings for all members so that everyone could learn more about Extension Homemakers, gain educational content, fellowship, and enhance leadership skills.
- Cultural Arts was held for the first time in a few years, and we are proud that the KEHA Cultural Arts Grand Champion Candle Wicking entry come from our county. We also had 8 members attend the Lake Cumberland Area Meeting.
- These things may seem small to some, but considering our membership considered disbanding a couple years ago this level of participation is huge for us and will serve us well going forward.
- Outside of Homemakers, members were engaged in volunteering for Extension programs such as Recipes for Life, Reality Town, and Operation Hometown Christmas.
- Many members are active in leadership throughout the community by serving on committees, teaching physical activity classes, volunteering at community events, and assisting with church functions.

Nancy Mims, President  
Clinton County Homemakers

Christy Stearns, FCS Agent  
Clinton County Extension Service

**CUMBERLAND COUNTY**

- 2,600 VSU hours reported
- \$1,600 in scholarships for graduating seniors
- 30 members donated to the local food pantry
- 10 reported volunteering at the local food pantry
- 35 members reported participating in a community project (Food Pantry Volunteer/Meals on a Mission Volunteer/Quilts for Veterans)
- Christmas Village volunteers hosted 18 elementary school children to provide gifts for the child and also let them shop for gifts for their parents or grandparents
- 2 members participated in the Passport Challenge and logged 90 places visited
- 9 members entered items in the local Cultural Arts competition

Barbara Booher, President  
Cumberland County Homemakers

Debbie Messenger, FCS Agent  
Cumberland County Extension Service

**GREEN COUNTY****Leadership Roles:**

- Homemakers served on the following:
  - Green County Extension Council, FCS Advisory Board, Extension District Board, 4-H Horse Club
  - Board of Health, Local Park Board, Sunday School Teachers, VBS teacher/leaders, Church Councils, and Quilting group leader.
- Community Service:
  - Coordinated and organized the Floral Hall of the Green County Fair.
  - Provided/made baby gifts-and assisted in Community Baby Shower for 10 new mothers.
  - \$550 was donated to the Green County Food Bank to purchase tables and racks for the walk in cooler.
    - ◆ Over \$300 for food was donated
    - ◆ 4 members volunteer regularly.
  - \$150 was donated to the annual Project Graduation.
  - Donations and volunteers for the Family and Youth Resource Centers – Food Backpacks
    - ◆ Over \$250 in clothes/toys was donated to the local Angel Tree program.
    - ◆ Made/donated blankets to Nursing Home and 10 quilts for Courageous Kids
    - ◆ \$93 donated for Ovarian Cancer Research
- Holiday Bazaar: Community Service for Vendors and Fund Raising for Homemakers
- Annual August Kick-Off Program – “Being a Homemaker is Groovy” Leadership Training
- International program – Brazil
- Cultural Program – Native Navajo/made Fry bread
- \$600 was donated for 4-H Camp fees.

- Beyond Green County:
  - Samaritan Purse – Shoeboxes were donated.
  - Donated to Gideons
  - Christmas Cards were sent to Veterans and Nursing home patients
  - Approximately 100 pillows were donated to Eastern KY Flood Relief, 45 backpacks

Brenda Cook, President  
Green County Homemakers

Katlyn Squires, FCS Agent  
Green County Extension Service

### MCREARY COUNTY

In addition to the monthly leader lessons, the McCreary County Fun-Makers

- Celebrated an International Christmas with holiday foods from other countries. We also made American Christmas ornaments
- Most of our members went on a covered bridge day trip to fit with our theme "We've Got You Covered".
- Our service project was a 4-H Sewing Day camp. 4-Hers learned the parts of the sewing machine, practiced threading the machine and various stitch widths and lengths. They made a pillowcase, drawstring tote and 2 quilt blocks
- We also have a monthly article in the local newspaper.

June Williams, President  
McCreary County Homemakers

Leah-Van Meter, FCS Agent  
McCreary County Extension Service

### PULASKI COUNTY

- Donated underwear to the homeless
- Donated shoes to the homeless
- Provided food items for Project 5810 (Food Insecure Students) and assist with packing backpacks with food for children to take home
- Donated items to Alzheimer Center
- Donated to Dolly Parton Imaginary Library
- Donated clothes to the local hospital for rape/domestic violence victims
- Sent cards to nursing home residents
- Provided birthday parties to nursing home residents
- Donated items to God's Food Pantry
- Donated prom dresses and shoes for school proms to needy students
- Sent cards to veterans
- Donated purses with personal items to nursing home residents
- Participated in the Angel Tree Program
- Donated \$6,000 to Ovarian Cancer program

- Volunteered at the Children's Food Camp for three days
- Volunteered at Pulaski County Fair
- Donated to Children's Scholarship to attend 4-H Camp
- Participates in 4-H sewing program
- Donated paper products to Pulaski County Hospice program
- Served watermelon to assisted living center residents
- Provided lingerie items to Bethan House clients
- Provided lap quilts to Hospice residents
- Crocheted caps for newborn infants at local hospital

Mary Ellis, President  
Pulaski County Homemakers

Edith Lovett, FCS Agent  
Pulaski County Extension Service

#### RUSSELL COUNTY

- Participated in Wayne County's "Creative Days"
- Two Master Clothing Volunteers and one Master Clothing Volunteer candidate taught an Adult sewing class, beginners 4-H sewing class to agents interested in teaching, to the Russell County High School marketing class, and to Upward Bound students on how to make a basket
- Three members attended MCV training in Lexington and the MCV Retreat in Bowling Green
- Volunteers taught A variety of classes to include sewing class at a local fabric store, Cookie making classes, Make 'n Take Solar Jar, Iris Fold Cards card making, beginners Sew Class for 3rd-4th graders and one 10th grader (for 2 days), a Patriotic Basket Class
- County Extension Homemakers clubs welcomed the new FCS agent with a tea reception and hosted a second public reception
- Hosted the 2nd Quilt Show at the Russell County Middle School
- Homemakers Council Meeting held Leadership Training by Christy Martin
- Members of the Homemakers on the Go Club Travelled to Creelsboro Store for lunch, to Casey County to plant nurseries and to eat at Bread of Life, to Danville to visit Constitution Square, Burkes Bakery, ate at the Red Rooster, and toured the Dollhouse Museum
- Homemakers sold 10 cases of pecans as a Fundraiser
- Make-n-Take class on painting a snowman on a paint brush and a brick paver (fundraiser)
- Holiday Party, Make-n-Takes, food, and a cake walk
- Homemakers had their 1st Game Day with board games, and learning BUNCO
- Homemakers met to paint decorations for the Annual Meeting
- Several Homemakers worked the Floral Hall at the fair entering items
- Homemakers started a Community Service Project "Feed the Birds" for our local nursing home residents; Clubs took turns each week to make sure all the feeders were full.
- All Homemakers Clubs donated items to patients in waiting rooms in various places.
- Piecemakers Club held a Quilt Guild Retreat to Lake Cumberland Cabin for sewing-2 days
- Made and donated a Bookcase Quilt to the Library and quilts for the Children's Advocacy Center

Sue Foley, President  
Russell County Homemakers

Megan Gullett, FCS Agent

Russell County Extension Service

## TAYLOR COUNTY

- We started off our year with our annual meeting with 60 in attendance. Our theme was "Taylor County Homemakers, We've Got You Covered!" Aprons were everywhere! This year we tried to "cover" a lot of territory.
- We offered classes such as: a Wooden Sunflower Painting, Wooden Turkey, a Wooden Ho Ho Ho Painting, Wooden Heart, HOP Easter Painting, and a Fourth of July Painting Class.
- We taught craft classes such as a Sunflower Wreath, Fabric Pumpkin, Napkin Applique, Faux Lettering, Crocheting, Shuttle Tatting, Clay Earrings, and a Clothesline Basket Class.
- We had sewing classes on making Memory Pillows, Casserole Carriers and also one on making Aprons. We had classes on Treat Gifting, Easter Baskets, Christmas on a Budget, how to use a Cricut Machine, how to make Herb Salve, how to Decorate on a Budget, and a Decluttering/Organizing Class.
- We had cooking classes on Casseroles, Salads, Rolls, Pies, Macarons, Ice Cream, Meringue, Fried Pies, Gravy & Biscuits. Some of these classes were so popular we had to repeat them.
- We went travelled to the Kentucky State Fair, Jack O'Lantern Spectacular in Louisville, and the Home & Garden Show in Lexington, to Wayne County for Creative Days Craft Camp, and the Lake Cumberland Area "Grow Your Garden, Grow Your Mind" Workshop.
- We hosted 4 blood drives and collected 113 pints of blood.
- We fixed 85 welcome bags for Campbellsville University International Students.
- We raised \$7155 for Ovarian Cancer Research with fundraisers that included flocking 124 homes and businesses with flamingos during September, by accepting donations toward a quilt awarded to a recipient, and offering opportunities to receive a gift card tree during the bazaar
- We volunteered with 4-H for All event; baked over 400 brownies/cookies for their Tenderloin fundraiser Luncheon; helped cook pancakes for their breakfast with the Easter Bunny event; catered their 4-H Award Banquet; and helped with their sewing classes.
- Taylor County Judge Executive Barry Smith proclaimed the week of October 9-15 as KEHA Week, and we conducted a photo contest via Facebook; spotlighted several of our members on Facebook; set a booth up at the Farmer's Market on the 15th with information about homemakers and gave out yellow box containers with our logo on them.
- We treated our leaders to a spa day.
- We had 7 blanket workshops and made 50 no-sew blankets for the Cancer Center patients and 21 lap throws that were donated to Hospirus.
- We conducted several fundraisers such as selling Rada Knives and catering the Chamber of Commerce lunch.
- We conducted two Bean Soup Luncheons to raise money for our scholarships. We donated \$3000 to 3 graduating seniors.
- We donated \$500 to the County Schools for hygiene products.
- We conducted a bazaar and raised \$1592.12 for our county's treasury.
- We turned in 262 members to the state which was an increase of 26 more members than last year. 62 of these were new members.
- We hosted a Sugar Plum Fairy Christmas Tea for the community.
- We partnered with Forcht Bank to host a Fraud workshop. There was 90 in attendance.
- We conducted a County Cultural Arts Competition with 42 entries. We hosted the area Cultural Arts Competition. We had 9 blue ribbon winners going on to State, and we had 8 blue ribbon winners plus 3 that received purple ribbons.

- We hosted a food drive for the local Food Pantry.
- We donated desserts for the Green River Ministries Soup Luncheon Fundraiser.
- We fed people at two homeless shelters.
- We partnered with the Extension Office and Taylor County to show appreciation to our first responders with a lunch.
- We sponsored a 4-H participant to attend Leadership Training.
- We donated \$200 to 4-H for a camp scholarship.
- We had a Membership Party with over 60 in attendance to celebrate our old and new members.
- We had 5 members attend the Lake Cumberland Area Annual Meeting in Wayne County.
- We won a \$175 grant from the Lake Cumberland Area for our upcoming project "Connecting with the Homeless".
- We had 11 attend the KEHA State Meeting in Louisville. We received First Place for the most money donated to Ovarian Cancer Research; a certificate for donating more than \$1000 for Ovarian Cancer Research; First Place in the Passport Contest; Fifth Place in Coins for Change; a certificate for increasing our membership more than 25 members, and awarded a \$300 development grant for our project "Connecting with the Homeless".
- For the first time in several years, we had a member, Karen Benningfield, inducted into the Master Farm Homemaker Guild.
- We had a member make 90 heart-shaped pillows for the Taylor Regional Hospital.
- We sent \$30,835.61 in coupons for the troops as part of the TroopOn program.
- The Quilts of Honor Club made and gave 30 quilts to veterans.
- We set up a booth at the Taylor Regional Hospital's Health Fair where we handed out health cards, gave away 14 homemaker cookbooks and samples of Plate It Up recipes.
- We hosted a reception for our new FCS Agent Charlse Scott.
- We turned in 14,307.25 hours of volunteer time.

Jackie Thomas, President  
Taylor County Homemakers

Charlse Scott, FCS Agent  
Taylor County Extension Service

#### WAYNE COUNTY

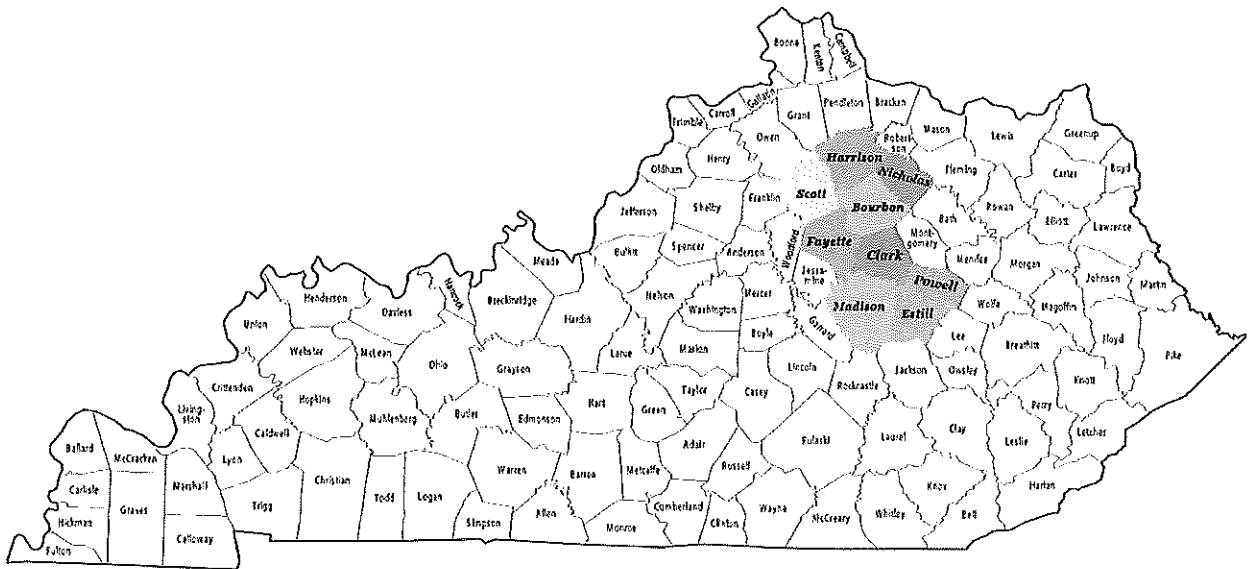
- Homemakers' Passport Program
- EXPO-Several homemaker volunteers and EXPO participants
- Community Service Project – Volunteered at House of Blessings
- Hosted seven Community Blood Drives
- Lists & Coupon Apps
- Little Mountains Quilt Show – Sponsored awards for Quilt Show
- Collected and donated supplies to the local High School FCS Program.
- Homemakers' Educational Trip – Shaker Village
- Leader Lesson – Elements & Principles of Art/Home Décor
- Sponsored the Community Scarecrow Trail
- KEHA Week – Posted Daily Themes on Facebook
- Leader Lesson – Creative Containers for All Occasions
- Odds 'N Ends Homemaker Club Educational Outing – Berea, Ky.
- Homemaker Membership Letters & Enrollment Forms Mailed
- Christmas Village Set-up

- Christmas Village & Children's Village
- Leader Lesson – Charcuterie Class
- Homemakers made breakfast items for Military Christmas Brunch
- Homemakers' Planning Committee Meeting for Fundraisers
- Leader Lesson – Club Choice
- County & Club Officers Event – Sugar Plum Fairy Christmas Tea at Taylor County
- Homemakers donated items for Senior Citizens Stocking Stuffers and Christmas hams and cakes for the House of Blessings (Soup Kitchen).
- Craft Homemaker Club Organizational Meeting (New Club) – Club name: Crafter's Anonymous
- Leader Lesson – Brazil Culture & Cuisine (Mail out)
- Hosted Cook Wild Summer Sausage Charcuterie Board Workshop (Part 1) – Taught by Leah Cardwell, McCreary Co. FCS Agent
- Photo Contest – Wayne County Winter Scenes
- Hosted Cook Wild Summer Sausage Charcuterie Board Workshop (Part 2) – Taught by Leah Cardwell, McCreary Co. FCS Agent
- For the Love of Chocolate Class
- Area Annual Planning Committee Meeting
- Yard Sale Extravaganza Planning Committee – Homemaker
- Leader Lesson – Savor the Flavor: Cooking with Oils & Vinegars
- Wayne County Cultural Arts Competition
- Homemaker Yard Sale Committee Meeting
- Area Cultural Arts Competition – Taylor Country
- Sit & Sew Event
- Leader Lesson – Making the Most of Meals While Traveling
- Yard Sale Extravaganza (Fundraiser)
- Grow Your Garden, Grow Your Mind Event (Home Gardening Workshop Event)
- Lake Cumberland Area Homemaker Annual Meeting
- KEHA State Meeting – Louisville
- Safe Food Handling Workshop & Folded Fabric Star Class
- Wayne County Homemaker Annual Meeting
- Crafter's Anonymous Homemaker Club Fundraiser – Bake Sale
- Had several homemakers who attended the Bingocize classes held in March
- One homemaker serving as an Area Officer.
- Donated to Coins for Change.
- Donated 110% to ovarian screening.
- Homemaker leaders taught quilt classes at the Quilt Shoppe.
- Homemakers provided for needy families in the community.

Cindy Sloan, President  
Wayne County Homemakers

Debbie Shepherd, FCS Agent  
Wayne County Extension Service

KEHA BLUEGRASS AREA  
ANNUAL REPORT  
November 2023



By: Connie Vaughn  
Bluegrass Area President



## BLUEGRASS AREA ANNUAL REPORT

Respectfully submitted, *Connie Vaughn*, President, Bluegrass Area Extension Homemakers

**The Bluegrass area includes nine counties:**

<b>Bourbon</b>	<b>Estill</b>	<b>Harrison</b>	<b>Nicholas</b>	<b>Scott</b>
<b>Clark</b>	<b>Fayette</b>	<b>Madison</b>	<b>Powell</b>	

After recovering from the pandemic and reorganizing to a “new normal” Bluegrass Area Extension Homemakers are back in full swing. We discovered that some of the changes and/or adaptations that took place during those 2 years were beneficial. Our freshened ideas and experiences pulled the area together and there is more of a thankful attitude throughout. We are glad to be together in person but are now comfortable with other options when needed.

Members have been busy making a difference in the community by volunteering for:

- 1,876 members
- International Programs & Projects
- Donating Ovarian Cancer
- KEHA Week celebrated.
- Quilt donations
- Homeless programs and shelters,
- 4-H camp scholarships
- 4-H program leaders
- Coins for change
- Homemaker scholarship funds
- Recipe for Life and nutrition programs,
- County fairs and state fairs
- Sewing classes for international dress project
- Attended KEHA Annual Meeting
- Sponsored Recipe for Life programs in schools
- New member and membership activities
- Multiple local Outreach Programs
- Clothing and blankets donated as outreach
- Monthly newsletters
- Monthly lessons for clubs
- Made and donated pillowcases to CASA
- Held County and Area Officer/Chair Trainings
- Presented scholarships to graduating seniors.
- 4-H Camp Scholarships
- 164 Area Cultural Arts exhibits – 61 advance to State Cultural Arts
- Area and county level officer trainings
- New clubs organized
- 92 attended Bluegrass Area Annual Meeting

# BLUEGRASS AREA ANNUAL REPORT

Respectfully submitted, *Connie Vaughn*, President, Bluegrass Area Extension Homemakers

Bourbon County:

## **Bourbon County Report 2022-23**

- 252 members with 6 clubs and 2 special interest clubs
- Donated \$252 to Ovarian Cancer
- Monthly leader lessons recorded by agents. Each lesson is posted to YouTube channel. The office hosted watch parties for viewing as planned activities.
- Hosted International Meal - Greece
- Presented presentation of Peter Rabbit to kindergarten students for Nutrition Month
- Members attended the state KEHA annual meeting in May.
- Celebrated Extension Homemaker Week with special proclamation signed by County Judge Executive, Mike Williams
- Honored the Bourbon County Extension Office support staff with Christmas Dinner and gifts.
- Awarded a \$1000 Homemaker Scholarship to graduating senior.
- Had 96 Homemaker entries in Bourbon County Fair
- Members support the Backpack Program. Packing 642 backpacks weekly.
- Hosted Recipe for Life for every 5<sup>th</sup> grade student in Bourbon County
- Assisted agent with POP Club at Farmer's Market
- Connie Vaughn, Area President traveled to four counties to install county officers.

Clark County:

## **Clark County Annual Report 2022-23**

- 225 Members
- In September, we held a Tea to support Ovarian Cancer
- In October 2022, Clark County celebrated KEHA week.
- In November, Homemakers assisted the Bluegrass Heritage Museum decorate trees for the Christmas holiday and were treated to a light tea by the museum staff.
- Hosted international dinner focusing on Australia. Menu of local dishes served. The speaker praised cooks' efforts of authentic taste food. Event attended by many local non-homemakers, women, and men alike.
- 5 members attended the KEHA state meeting in Louisville.
- First time ever "New to You" craft supply sale to raise money for the county homemakers. This event was well attended and brought in about \$500. (helped clear out spaces in many homemaker craft closets too!)
- Awarded a \$500 scholarship to a Clark County High School senior.
- Supported local Beer Cheese festival registering entries for the amateur participants.
- Homemakers worked to take entries for the Clark County Fair.
- New special interest group – Threads for Theater. Helps with costuming for local schools/theater groups.
- Support county Backpack program. 70 backpacks per week for 4 schools

# BLUEGRASS AREA ANNUAL REPORT

Respectfully submitted, *Connie Vaughn*, President, Bluegrass Area Extension Homemakers

Estill County:

## **Estill County Report 2022-23**

- Increased membership with 41 members. 2 traditional clubs, one specialty club and Members-At-Large.
- Leader lessons taught monthly.
- Open House and meeting held to introduce new agent and elect officers.
- Donations to Ovarian Cancer
- Members attended the KEHA state meeting.

Fayette County:

## **Fayette County Report 2022-23**

- 360 members
- \$441 donated to Ovarian Cancer Screening project
- 25,056 volunteer hours with a monetary value of \$637,174.08
- Contributed \$131.18 to Coins for Change
- Supported Military Missions through volunteer service, donations, and \$625 postage.
- Collected 50 pieces of luggage for foster children.
- Collected \$479 for Homemaker Scholarship Fund
- Leader Lessons offered monthly.

Harrison County:

## **Harrison County Report 2022-23**

- 260 members
- 9 Clubs (including one Men's Club) and 1 Special Interest (Quilting)
- 4-H Youth support: Camp scholarship donations; Basic sewing project. Harrison County
- \$260 donated to Ovarian Cancer Research Project.
- Members support local food banks and local backpack for hunger program serving 1,297 youth.
- \$124.68 collected for Coins for Change and \$7.00 for the Eco Brick project.
- Participated by exhibiting in county fair.
- Officer/chair training
- As clubs read "Just a Fe
- How Miles South by Quita Michael. Cooked and tasted recipes from the book and took trip to the restaurant for meal.
- Sponsored Harvest Hustle 5K Run.
- Hosted Holiday Foods Program
- County Association held 2 Advisory Council meetings and one county-wide Annual Meeting (June 2023). Clubs are meeting in person.
- Local High School Culinary Class members assisted Homemakers with the Recipe for Life program in April.

# BLUEGRASS AREA ANNUAL REPORT

Respectfully submitted, *Connie Vaughn*, President, Bluegrass Area Extension Homemakers

Madison County:

## Madison County Annual Report 2022-23

This year we:

- 335 members
- Held Leader lessons monthly.
- Hosted Bluegrass Area Annual Meeting
- Made bags for toiletry items and donated to area schools.
- Volunteered at Ruritan Club for fundraiser, donated items for building upgrade and provided Halloween candy.
- Donated handmade Quilts and other items for Breathitt County flood victims.
- Quilts for Richmond and Berea Dialysis patients
- Quilts for Veterans in local nursing homes
- International Dinner for ECU and Berea students
- First Annual Craft Fair – profits to high school scholarship fund
- Cooking classes, car classes, pickleball classes
- Appreciation of support for Research Program for Ovarian Cancer.

Nicholas County:

## Nicholas County Report 2022-23

- One new club
- 4 active clubs with 124 members (over doubled from 2021-22)
- Attended Kentucky State Fair as a county.
- 3 community blood drives
- Assisted with 4-H sewing projects.
- New quilting club – Made quilt for 4-H Camp Scholarships project and raised \$1400 to send 6 students to camp.
- 7 members and 1 agent attended KEHA meeting – donated quilt squares for auction.
- Monthly Leader Lessons
- Attended Bluegrass Area Annual Meeting
- Trips to – Underground Railroad, Apple Orchard, and Arboretum
- International meeting – Holy Land
- Cultural Arts entries for county fair
- Knit Wits Crafting Club offered wood burning, painting, sewing knitting and crocheting.
- Outreach of donations of food monetary and Christmas gifts for senior citizens
- Adopt a Highway – covered 3 miles of roadway.

# BLUEGRASS AREA ANNUAL REPORT

Respectfully submitted, *Connie Vaughn*, President, Bluegrass Area Extension Homemakers

Powell County:

## **Powell County Report 2022-23**

- Membership 27
- County has 1 traditional club and 1 special interest club.
- Four members entered exhibits at the area cultural arts fair.
- 5 members attended the Bluegrass Area Annual Meeting in Madison County.
- Monthly Leader Lessons offered.
- Area officer and chair
- Quilt Club made dresses for Africa.

Scott County:

- 278 members; 12 clubs and 4 specialty clubs
- 13,538 volunteer hours
- Made mats from plastic bags for those without homes.
- Sewing classes for 4-H projects
- Donated to Ovarian Cancer Screening
- Donated to high school scholarship fund.
- Donated to 4-H camp scholarships.
- Food tour in Northern Kentucky
- Monthly Leader Lessons offered.
- Donated food items and time to local shelter for those without homes
- 4 members attended KEHA state meeting.
- Members volunteered with Recipe for Life
- Home Safety Day was implemented.
- Packed and donated over 350 hygiene kits for those without homes.

# Licking River Area Annual Report

## 2023

We are still as an area building back from COVID and the lack of FCS agents. Most of our counties have agents now to help support our Homemakers in these counties. The counties have all awarded one or more scholarships, are working at growing their membership and helping in their communities by having fundraisers and helping in school programs and senior communities .

### BRACKEN COUNTY

Volunteering at the County Closet, accepting sorting and organizing donations. Collected Christmas trees and ornaments for the flood victims in Eastern Kentucky. One club has adopted a section of road and picks up trash. A few other community items our clubs are doing; donation to Women's Crisis Ctr., a family for Christmas, raised \$1200 for the country animal shelter by hosting a quarter auction.

Within in our schools our Homemakers have decorated the high school cafeteria for Thanksgiving, Christmas and Easter and handed out treats to all students, working with students in 5<sup>th</sup> grade in the Recipes for Life program, had a socks and underwear shower for the students and items for Back pack program at FRYSC, donated \$50 each to Bracken and Augusta schools and awarded 3 \$500 scholarships to seniors.

### MASON COUNTY

Mason County had a project called Love Everybody which is program with projects from birth to elderly; we crochet hats for babies and baby blankets, we stuffed 1200 Easter Eggs for County egg hunt, crochet blankets (62) for keep America Warm, Helped with County Baby Gala , Took filled Christmas Stockings for Women's Crisis Center, Made a Float to Honor Veterans in Veterans Parade, Gave bird seed to County rehab nursing home facilities, gave 100 word puzzle books, gave to Cancer Treatment center throws and puzzle books, worked at County Food Bank and donated food, held a Tea for Cancer Fighters United raised 2352.00 dollars, started a Save the Dover Covered Bridges, gave \$200 to backpack programs, gave school supplies to elementary school, Gave 10 Scholarships to graduates. Started a Homemakers Club at the Assisted Living facility that meets every month.

### ROBERTSON COUNTY

Has grown their active membership and council had fundraisers and awarded a scholarship. They just hired a FCS agent in the county after going without for many years.

## ROWAN COUNTY

We had our 1<sup>st</sup> Annual Meeting since COVID. Awarded a \$750 scholarship to a RCSHS senior. Did our annual Ovarian Cancer screening as a group trip to Lexington. Making and donating bags for prescription meds to community. Donating supplies to 2 of our members that make blankets for the Linus program and crocheted hats for preemies and new born babies.

## **Northeast Area Homemakers 2022-2023 Annual Report**

The Northeast Area consists of nine counties that have an active Extension Homemaker program. The counties are hidden in the beautiful Appalachian Mountains and include Greenup, Carter, Boyd, Lawrence, Johnson, Martin, Magoffin, Floyd and Pike, some of which border the Big Sandy River to the east. As some Areas may send their greetings, in the Northeast we simply say “Howdy” or “Hello” to our fellow homemakers across the state.

As I think about the 2022-2023 theme “We’ve Got You Covered” I came to realize, after reading the various reports from each of the counties, that our 788 homemakers have the three main aspects of Extension Homemakers covered- Leadership, Learning, and Volunteering. The amount of giving of themselves to their home and community brings an overwhelming joy to my heart. The KEHA Extension Homemaker Program is truly of service to others of which I am proud to be a member.

### **Leadership**

- Attended Leadership Toolbox
- Provided officer and educational chairman training
- Attended Area and County Council meetings
- Recruitment activities
- Celebrated Homemaker’s Week
- Sponsored a Pink Ribbon Luncheon to celebrate Breast Cancer Survivors and honor those that lost their fight
- Promoted the Emergency Information Card by handing out during events
- Leadership Classes were presented by Amelia Godfrey
- Displayed and demonstrated local crafts at the Breaks Interstate Park
- Member of the Extension District Board
- Promoted Homemakers by giving out brochures at different events
- Recognized “Volunteer of the Month” as well as other achievements
- Johnson County Extension Homemakers planned and organized “Homemakers Helping Homemakers” to provide flood relief to those involved in the devastating flood in eastern KY.

### **Learning**

- Cooking lessons
- Met together to work on sewing, quilting, and UFO projects
- Attended leader lessons
- Field trips
- Took and taught classes at our NEA Enrichment Camp
- Taught craft classes to Floyd County Head Start
- Assisted agent in teaching sewing to 4-H/FCS Home School Club
- Attended painting classes
- Celebrated “International Day” learning about various countries
- Attended “Edible Plants” presented by Rhonella Chaffin
- Attended Lunch and Learn lessons presented by the FCS agents
- Attended a Mental Wellness program presented by Dr. Paul Norrod
- Attended classes which include quilting, making cheese, beginning sewing, making vanilla, learning financial management, cooking heart healthy meals, making jewelry art, applique, embroidery, crochet, painting, etc.



- Participated in Trail Days
- Participated in the Big Blue Book Club
- Attended "Travel the World Without Leaving Your Kitchen" presented by Jacqueline Ireland
- Attended Campfire Cooking and Safety

## **Volunteering**

- Crocheted mats out of plastic bags for the homeless
- Checked in cultural arts at the Boyd County fair
- Held bake sales and various fund raisers
- Made adult bibs for the nursing home
- Collected coins for change, supplies for veterans
- Bought Christmas gifts for Belfry High School students
- Donated money for the "Homemakers Helping Homemakers" flood relief headed by Johnson County
- Donated items to Job Corp Christmas Store
- Made ornaments and decorated Jenny Wiley Lodge tree and banister
- Donated money to the Ovarian Cancer Research Project at UK
- Contributed money to 4-H
- Raised money to buy supplies to make a Veteran quilt
- Made a quilt and donated it to the Martin County Health Care Facility to raise money for Christmas gifts for the residents.
- Held a Christmas Vendor's Fair with proceeds going to fund the "Homemaker's Scholarship"
- Served at several public functions at the County Library
- Volunteered with food banks
- Decorated tree and front door at Greenbo Lodge
- Baked cookies and served during open house
- Donated non-perishable food items for a local mission
- Helped a Girl Scout in obtaining an Award
- Delivered Meals on Wheels
- Made lap quilts for others
- Volunteered at McKell Elementary
- Helped 4-H with fund raiser during Johnson County Apple Days
- Provided monthly Laugh and Learn play dates for preschool age children
- Made turbans, sleeping caps, and pillbox hats for cancer patients
- Made gowns for Sound of Music play
- Decorated Highland for Christmas
- Donated 50 sets of sheets and 50 comforters to Build a Bed Project
- Collected over \$600 for 2 Heart Pregnancy Center
- Several NEA counties raised money and donated to the "Homemakers Helping Homemakers" fund.

## Quicksand Area Annual Report

November 2023

By: Pam Campbell

Quicksand Area President

Greetings from the Quicksand Area. Our area is made up of eight counties: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe. Seven of the eight counties have an FCS agent. We welcomed one new agent. Wolfe County now has Darian Creech. The Owsley County FCS position is vacant.

The Quicksand Annual Area Meeting was on October 12, 2023 in Beattyville at the Lee County Extension Office. There were 46 homemakers, 6 FCS agents, and 6 visitors, for a total of 58 in attendance. The group was entertained by the Sturgeon Creek Band and enjoyed a delicious catered meal, followed by the business meeting.

Recovery is still underway from the July 2022 flooding in Eastern Kentucky. Several of our counties were impacted with Breathitt, Knott, Letcher, and Perry reporting the most damage. The process is slow, but still underway in our Area.

The FCS agents in the Quicksand Area have been busy planning and delivering information about programs and lessons that benefit their homemakers and communities. The homemakers have enjoyed learning new skills through the various Programs of Work lessons and were happy to engage in the "in person" programs. Area homemakers continue to work hard by volunteering in their counties and communities. They continue to learn new skills meet new challenges and recruit new members to benefit their communities and counties.

Some activities that our homemakers in our Area have been involved in are listed below:

Holiday Cupcake Decorating	Make & Take Craft Day	Charity Sewing (monthly)
Holidays Around the World	Live Wreath Workshop	Cooking Through the Calendar
Homemaker Council	Sewing Projects	Hiking for Health
Hotdog Fundraiser	Holiday Bazaar	Ornament Exchange
Cookie Exchange	CES with Homemakers	Trip to the Creation Museum
Cultural Arts	Quilting & Woodshop	Homemaker Luncheon
2023 Holiday Road Show	Fabric Pumpkin sewing	Drop It Like It's Hot
Homemaker Leader lessons	Holiday Make and Take	Ovarian Cancer Screening

The next Quicksand Area annual meeting is scheduled for October 2024 and will be hosted by the Letcher County Homemakers. For the upcoming year, the Quicksand Area says, "Let's Take a Hike with KEHA."

## Wilderness Trail Presidents Report

July 1, 2022 – June 30, 2023

The eight counties included in our area have been busy this year. We hosted the State Convention in Louisville and I was very pleased and proud of the support all counties gave me to make our hosting a success.

### 1. Bell County

Collected pop tabs for the Ronald McDonald house. Presented two \$1000 scholarships to deserving students. We are proud to announce 100% participation in the Ovarian Cancer Program.

### 2. Jackson County

Had 5 days of quilting classes reaching 50+ residents of the county. Volunteered services at 4-H camp and CAP projects.

### 3. Clay County Homemakers

- ◆ Clay County Homemakers contributed 100% to the Ovarian Cancer Fund.
- ◆ Clay County Homemakers attend leader's trainings as well as other programs offered through the Extension Office. They serve on the Extension Council, Extension Board and the Family and Consumer Science Council.
- ◆ Made a quilt to donate to local veteran in honor of Veteran's Day.

### 4. Knox County

Sponsored two youth to attend 4-H camp. Made donations to Knox County Senior Center.

### 5. Rockcastle County Homemakers

Made donations to 4-H camp scholarships, Kennas Kitchen, Give Hope Ministry and other charities.

6. Laurel County Extension Homemakers

The Laurel County Extension Homemakers had 8 Clubs active this past year with 202 members, 4 traditional clubs and 4 specialty clubs. We were once again 100% in our giving to ovarian cancer research.

The Laurel County Extension Homemakers have been very generous with their time and talents throughout the year. We have made and delivered bags to Ky Honor Flight.

We also participated in KEHA week and spirit week, reaching many with social media posts and grab and go bags promoting Laurel County Extension Homemakers.

We attended KEHA convention as well as the NVA convention and assisted with fundraisers at KEHA

7. Harlan County Homemakers

Made and collected numerous items to local organizations and homeless community in our county.

8. Whitley County Homemakers

Had 7 clubs active with 100 members, provided meals, supplies and money to Flood Victims

Our area has great expectations for the coming year and are thankful for the assistance we have received from state level. To say I am proud of all we have done is a major understatement.

Respectfully Submitted,

Vicky Greenwell

Wilderness Trail Area President